

HEALTHY YOU. HEALTHY CITY.

A city-wide initiative to rest, recover,
and come back even stronger.

Cleveland's Unplug Guide presented
in collaboration with Cleveland Public
Square + Cleveland Bucket List.

Please share your adventures on
social media and tag:

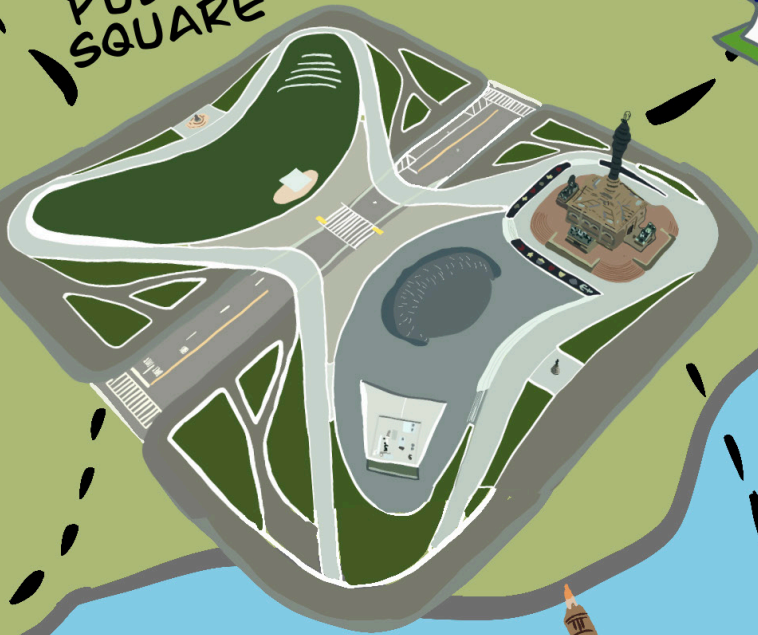
@clepublicsquare @theclebucketlist
#inthesquare #healthyyouhealthycity

ROCK AND
ROLL HALL
OF FAME
LONG LIVE ROCK

GRAB
A BIKE



PUBLIC
SQUARE



CLEVELAND
PUBLIC
LIBRARY

JACK
CASINO



TERMINAL
TOWER



CLEVELAND, OHIO 2020

Illustration by @theclebucketlist

PICNIC ON THE GREEN IN THE SQUARE

Did you know that REbol offers organic meal options right on site at Public Square?

P.S. Don't forget to social distance!

SHIFT ONE CATEGORY OF YOUR BUDGET TO LOCAL BUSINESSES

Be sure to share your favorite finds with your friends!

Explore the stories of some local favorites [HERE](#)

ROCK AND ROLL AT THE ROCK & ROLL HALL OF FAME

The Rock and Roll Hall of Fame is hosting free, social distance concerts!

Event Calendar [HERE](#)

TEST YOUR LUCK ON THE SLOTS AT JACK CASINO

You just could be the lucky winner.

About Jack Casino [HERE](#)

LISTEN TO SQUARE SOUNDS

Live music in The Square (and Online)
Listening to music reduces cortisol levels leading to less stress!

Tune in [HERE](#)

PLAY WITH YOUR FURRY FRIEND ON THE GUND FOUNDATION GREEN

Keep our park an oasis for everyone, pick up after your pup with NEORSD's poop bags!

VISIT THIS ICONIC LANDMARK - THE ARCADE CLEVELAND

The Arcade Cleveland opened in 1890 as the first indoor shopping center in America.

Admire the grand architecture [HERE](#)

WATCH THE SUNSET ABOVE HUNTINGTON CONVENTION CENTER

Perfect for a date night with that special someone!

Wait until you see the view [HERE](#)

YOGA ON THE GREEN

Stretch your body, relax your mind, and prioritize your well-being.

Namaste [HERE](#)

GET FIT WITH THE CIRCUIT AROUND THE SQUARE

DIY workout guide presented by Browns Fit!

You got this! Check out the workout [HERE](#)

TAKE A HIKE PROGRAM BY THE GATEWAY DISTRICT

Get to know the ins and outs of our city.

Now, go take a hike [HERE!](#)

TAKE A TRIP ON RTA'S RAPID TO TOWER CITY CENTER

The Rapid stop right in the heart of Cleveland.

Get your tickets [HERE](#)

#VOICESOFCLE

Discover the many #VoiceofCleveland presented by Downtown Cleveland Alliance

Learn about the artists [HERE](#)

CLEVELAND NEIGHBORHOOD TOUR

Take a trip to go through some of Cleveland's adored neighborhoods.

Let Cleveland Bucket List be your Guide [HERE](#)

BIKE CLEVELAND OFFERS ANOTHER WAY TO EXPLORE CLEVELAND!

Take a day and utilize bike lanes on Euclid to explore Downtown CLE!

Let's roll [HERE](#)

LEARN A NEW SKILL AT CLEVELAND PUBLIC LIBRARY'S TECH CENTRAL MakerSpace

Turn your ideas into a reality!

Start creating [HERE](#)

MAKE IT A HABIT TO GET YOUR GREENS LOCAL AT WEST SIDE MARKET

Fresh finds and friendly faces!

Make your shopping list [HERE](#)

MAKE A WISH IN THE FOUNTAIN OF ETERNAL LIFE IN THE MALL B.

Set an intention to end 2020 strong!

ENJOY THE FLORA AND FAUNA IN THE SQUARE

Green space provides healthier air to breathe and provides a respite for over-stimulated minds.

Guided Garden Tour [HERE](#)

MAKE A STOP AT ONE OR ALL OF THE CLEVELAND SIGNS

Show your Cleveland Pride + document your visit with a photo.

Find these landmarks [HERE](#)

TAKE THE HEALTHY YOU. HEALTHY CITY PLEDGE [HERE](#)